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Non-fiction

Phonics

# Train for the Top



Focus:  
Adjacent  
consonants  
and long  
vowel sounds

  
Book Bag  
Readers

**SCHOLASTIC**  
**Phonics**  
Get started with reading

Focus:  
**Adjacent  
consonants  
and long vowel  
sounds**

Decodable with  
tricky words

# Train for the Top

written by Alice Hemming

Book Band Blue

Scholastic Phonics Set 8

Learn how athletes train  
for different sports in  
different ways.



Scholastic Phonics  
Book Bag Readers –  
Train for the Top  
£3.99

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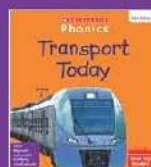
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**SCHOLASTIC**

[www.scholastic.co.uk](http://www.scholastic.co.uk)

Other titles in Set 8:

Practise: **adjacent consonants and long vowel sounds**



Move to Set 9: Practise: new spellings for known sounds

# Help your child to read!

This book practises words with more than one consonant next to each other, plus long vowel sounds (like 'speed' or 'flair').

Read these words with your child:

sport

boost

afloat

bursts

Your child may need help to read these common tricky words:

to

be

the

you

have

they

of

when

by

so

all

are

Before reading

- Look at the cover picture and read the title together. Read the back cover blurb to your child.
- Ask your child: *Do you think it would be easy to become a top sportsperson?*
- Talk about the image in the magnifying glass.

During reading

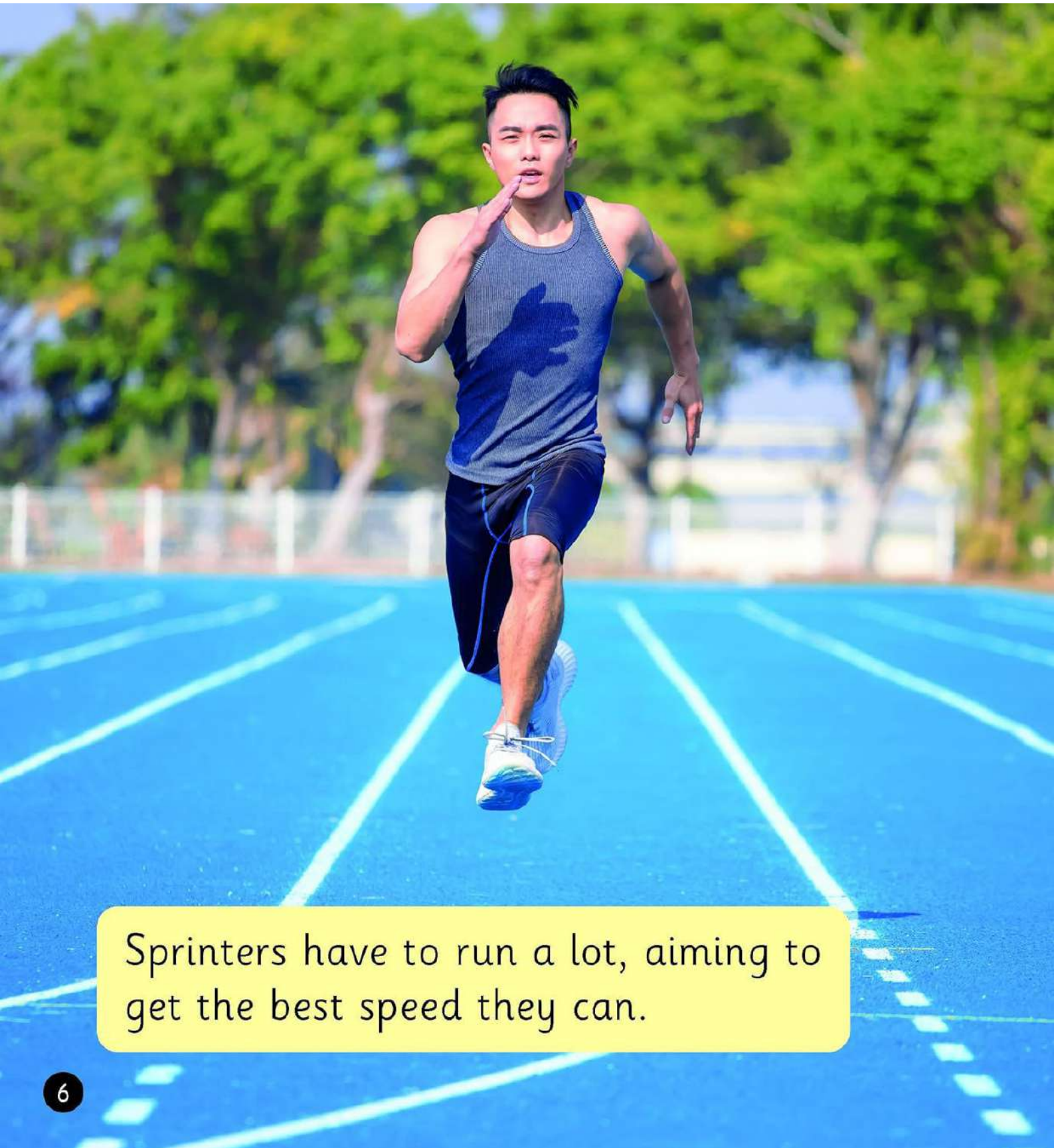
- If your child gets stuck on a word, remind them to sound it out and then blend the sounds to read the word: t-r-ai-n, train.
- If they are still stuck, show them how to read the word.
- Enjoy looking at the pictures together. Pause to talk about the information.

After reading

- Talk about the image on page 16. What can your child tell you about it?
- Ask your child: *Do you play any sports?*
- Talk with your child about which sport in the book they think looks like the hardest work? Which would they prefer to do?





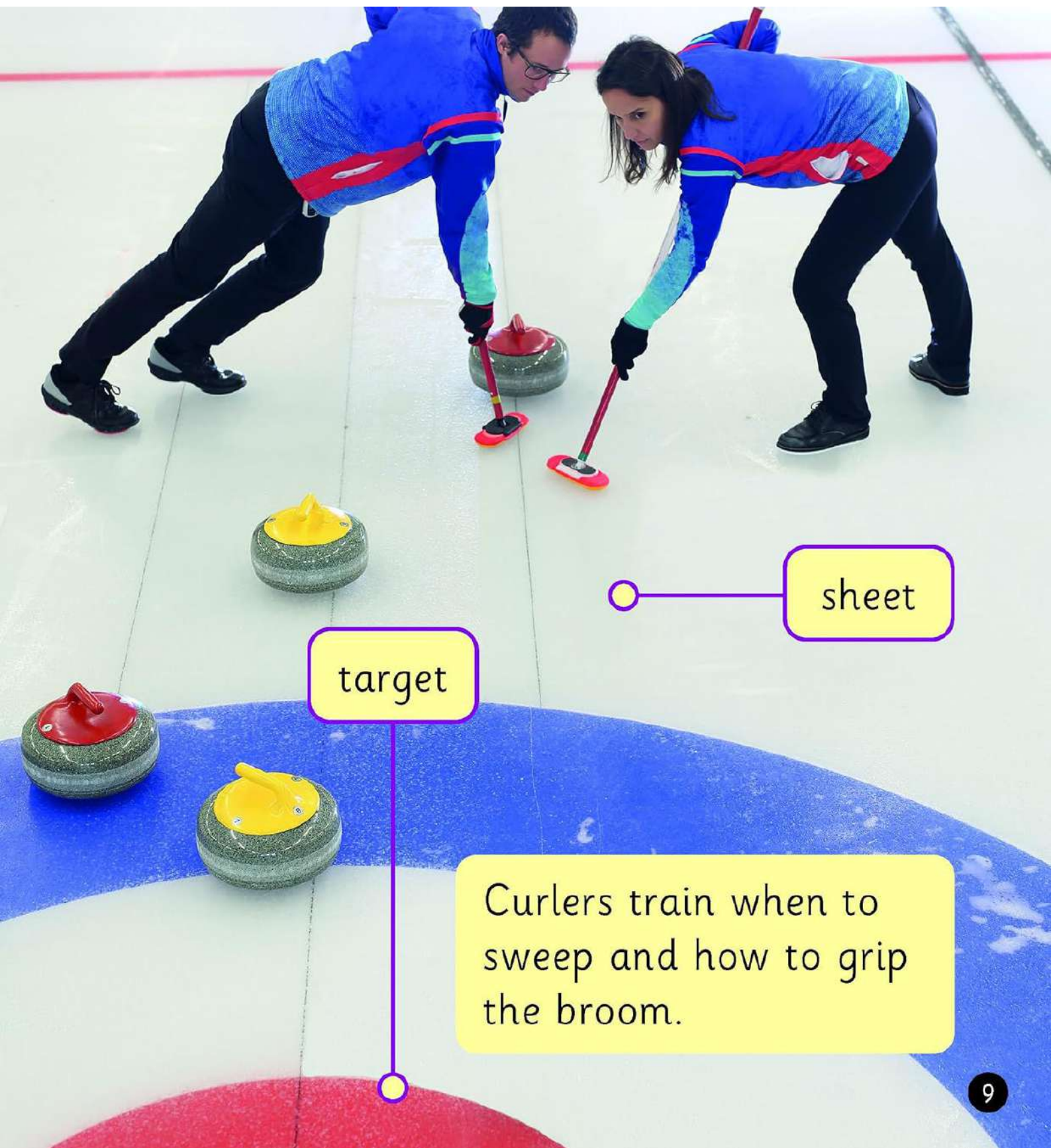


Sprinters have to run a lot, aiming to get the best speed they can.



Un sighted runners train with sighted partners. The sighted runner sees for the partner, letting them run at top speed.





target

sheet

Curlers train when to sweep and how to grip the broom.





Swimmers train by swimming lots of quick laps.