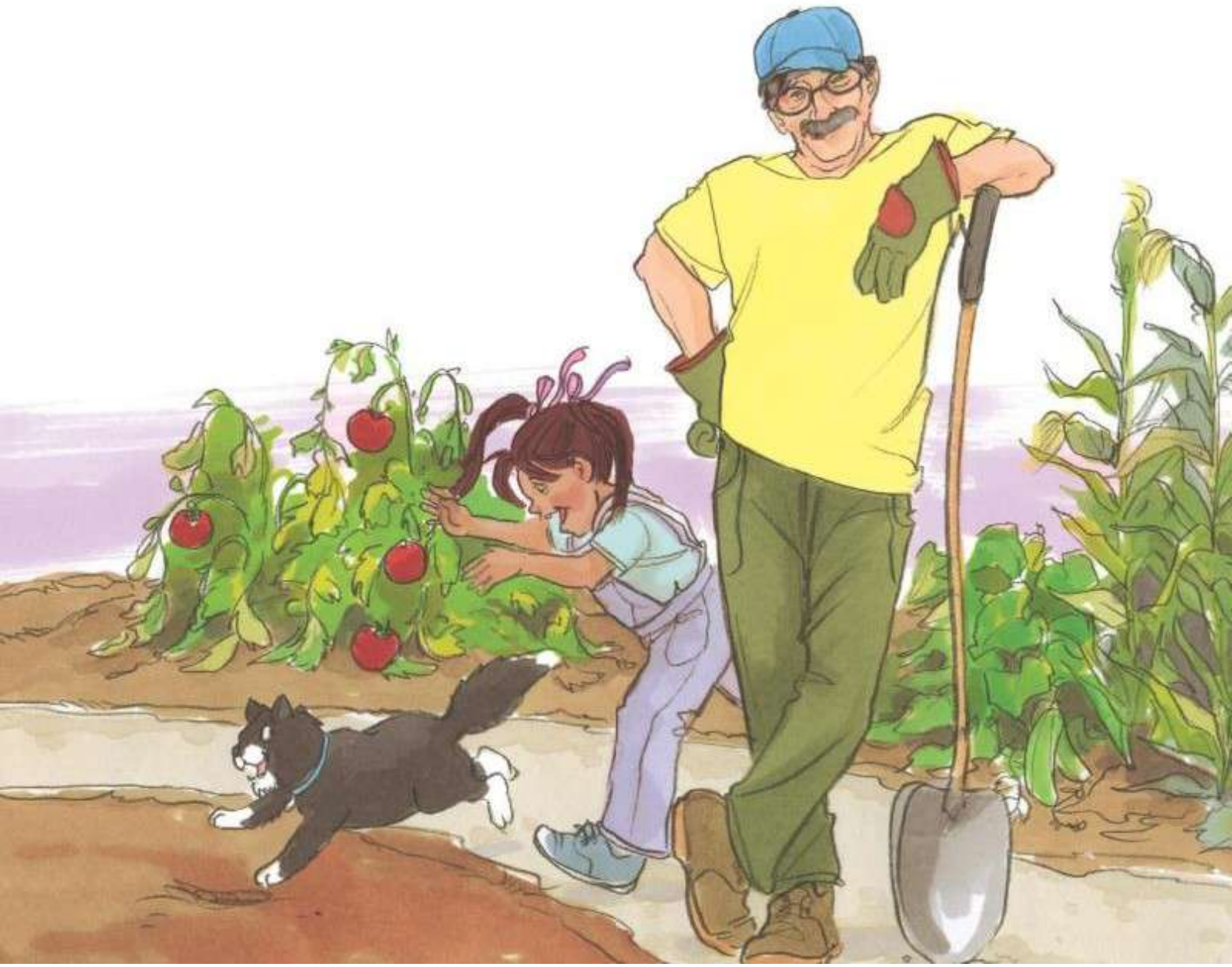


The world is beautiful.

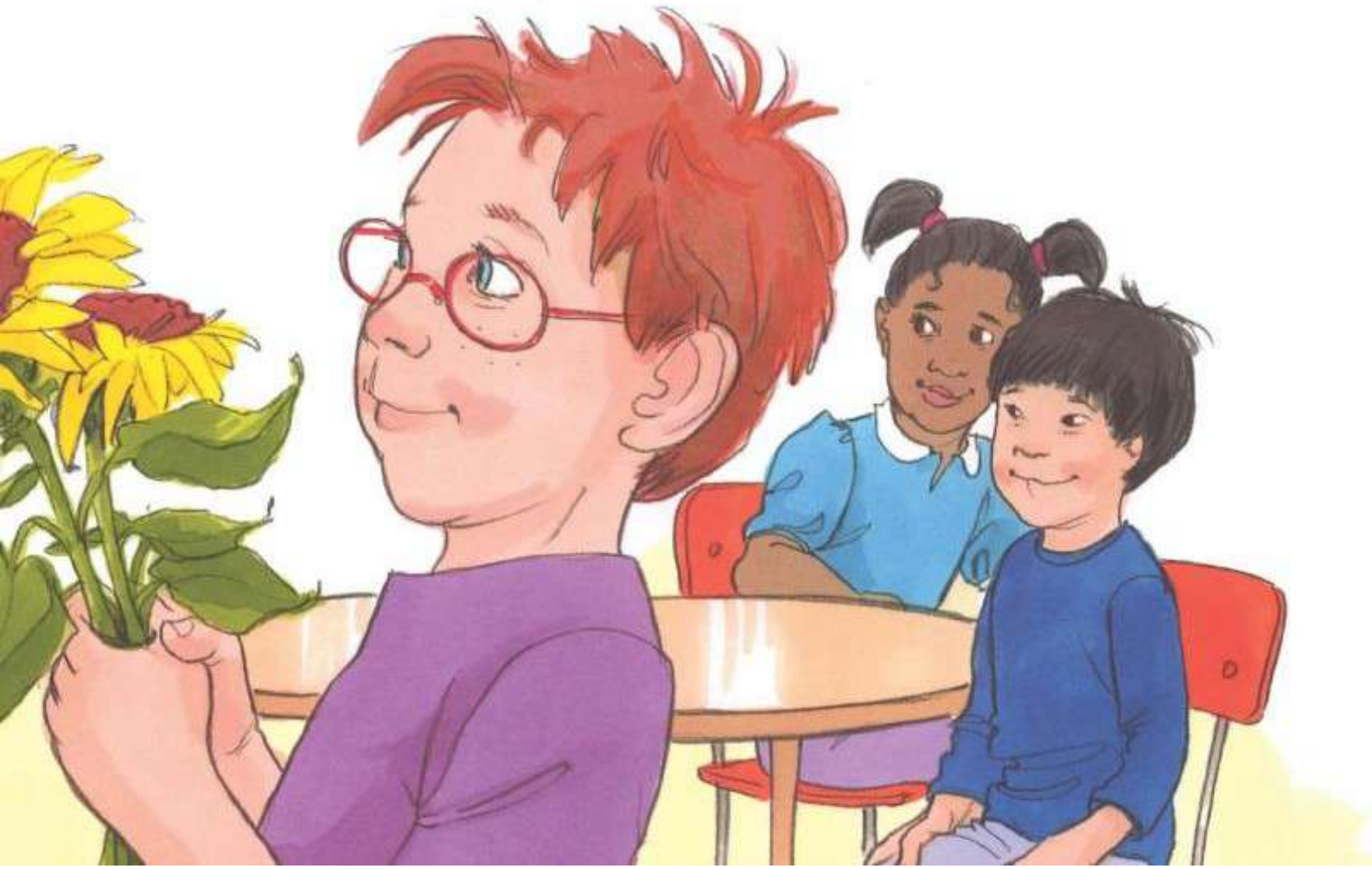
There's so much to notice
and be grateful for.



I'm also grateful for people who help me.



There are lots of ways I can show my thanks and give something back.



I want to reach out to people.



I can be generous.



Being generous can take time.

