

Foods from Italy



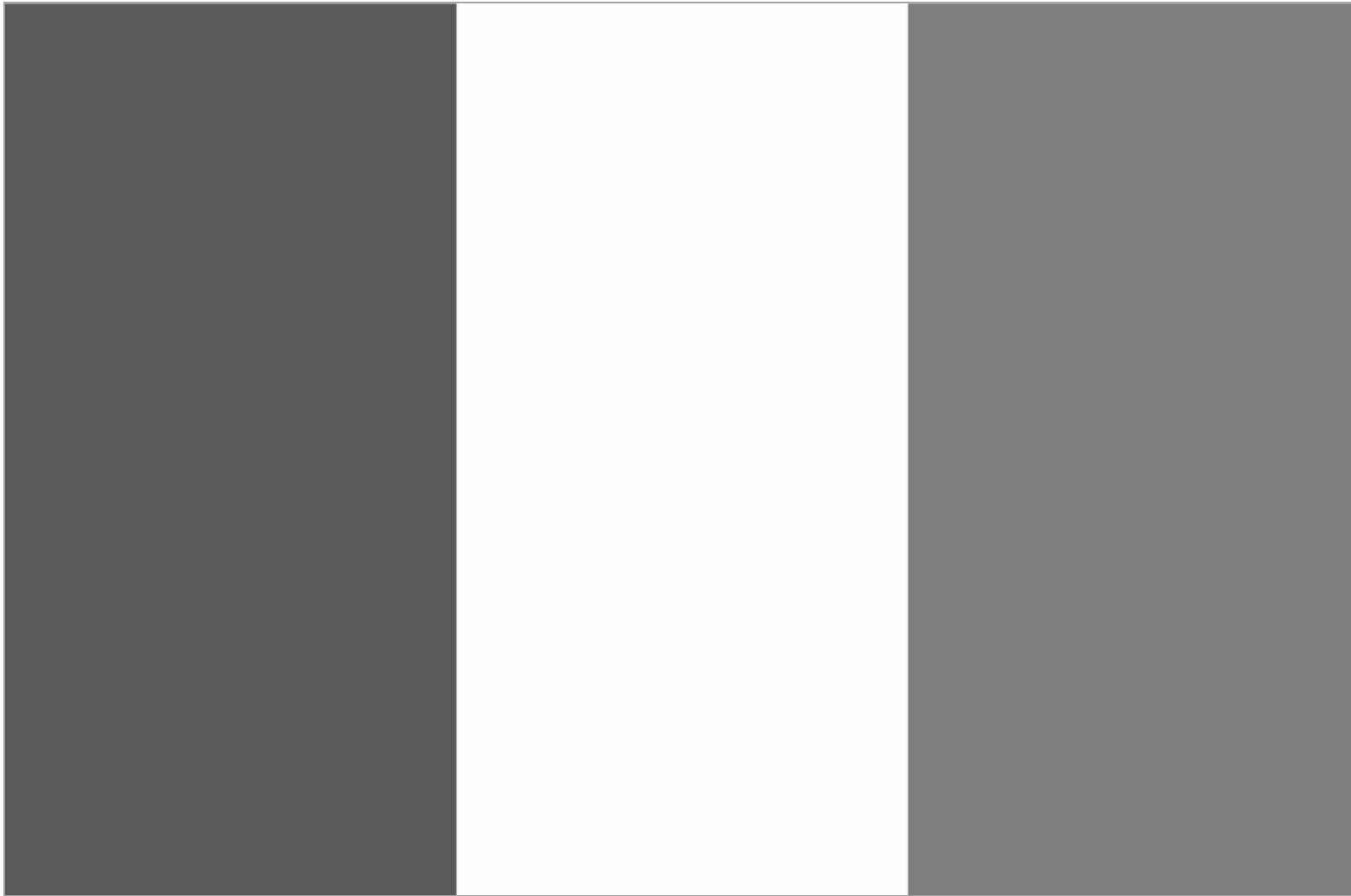
Let's learn about Italy



Where is Italy?



Flag of Italy



Have you tried Italian food before?



PIZZAS



Margherita \$9
Tomato sauce, mozzarella, and basil



Viennese \$11
Tomato sauce, mozzarella, and Vienna sausage



Vegetarian \$10
Tomato sauce, mozzarella, peppers, olives, tomatoes, and mushrooms

DRINKS

Cola, Juice, Lemonade \$2

PASTAS

All spaghetti dishes are served with a small salad.



Bolognese \$10
Meat and tomato sauce



Alfredo \$11
Butter and Parmesan cheese sauce



Carbonara \$13
Bacon, egg yolk, and Romano cheese sauce



Aglio e olio \$15
Garlic and olive oil sauce

DESSERTS

Gelato \$4
Flavors: Chocolate, Vanilla, Hazelnut, Coffee, Cinnamon, Almond



Tiramisu \$5
Chocolate and coffee flavored cake with cream

Here are some Italian foods:



Pizza



Spaghetti



Gelato

Great Italian Foods



Where is Italy?

It is in Europe.

What does Italy look like?

It looks like a boot!

What are some famous foods from Italy?

Italy is famous for pizza and spaghetti.

What is Italian ice cream called?

It is called gelato.



Pizza



Where is a good place to try pizza?

Rome is a good place to go.



What are pizza restaurants called?

They are called pizzerias.

What is usually on pizza?

Most pizzas have cheese and tomato sauce on them.



Pizza

What are some other pizza toppings?



You can put meat and vegetables on a pizza.



How do Italians eat pizza?



They don't eat pizza with their hands. They use a knife and fork to eat it.



Spaghetti

Where in Italy is famous for spaghetti?

Sicily is famous for spaghetti, but you can find it all over Italy.

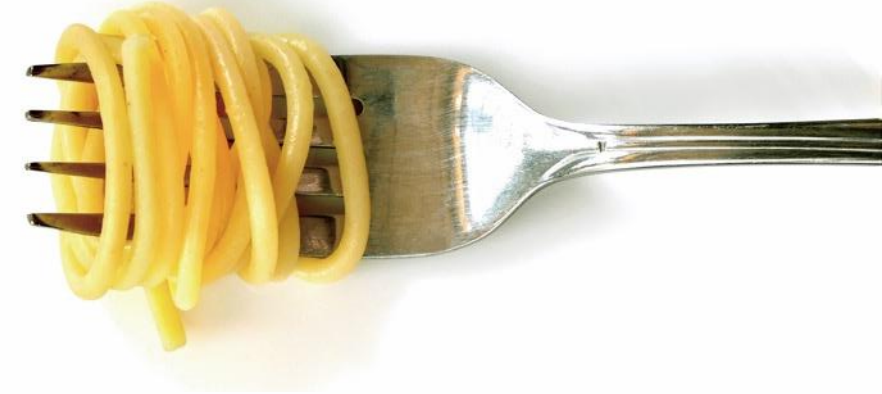


How do you make white sauce for spaghetti?

It is made with milk and cheese.

What do Italians use to eat spaghetti?

Italian people use a fork. They never use a spoon to eat spaghetti. They hold the fork to the plate or bowl. Then they twirl spaghetti onto the fork.



Gelato

What does gelato mean?

It means "frozen."



Where can you find gelato?

You can find it in any city in Italy. But Milan and Rome have the best gelato.



How is gelato different from ice cream?

Ice cream has more air than gelato. Also, gelato is not as cold as ice cream. Gelato is also softer than ice cream.

Gelato

What are the ingredients of gelato?



All gelato has milk and eggs in it. You can add lots of other things, too. There are many flavors of gelato, like chocolate, nuts, and fruit.

How do people eat gelato?



Some people eat gelato with a spoon.
Others eat it from a cone.



New Words



❖ **air** *n.*

More **air** makes a balloon bigger.

★ **what we breathe**



❖ **bowl** *n.*

There is fruit in the **bowl**.

★ **something to hold foods such as soup, rice, etc.**

New Words



❖ famous *adj.*

This is a **famous** thing to see in Italy.
★ known to many people



❖ frozen *adj.*

Ice is **frozen** water.
★ so cold that it is hard or solid

New Words



❖ knife *n.*

You need good **knives** to cook well.

★ a sharp tool used to cut things



❖ pie *n.*

Apple **pie** with ice cream is delicious!

★ a dessert filled with fruit or other things

New Words



❖ **string** *n.*

The cat is playing with a ball of **string**.
★ thin rope used to tie or make things



❖ **twirl** *v.*

The dancer **twirls** her ribbon.
★ to make a long thing like a string go around and around

Reading Quiz

1. Pizza, spaghetti, and gelato are from _____.



(a)



Italy

(b)



the United States

(c)



India

Reading Quiz

2. Two big cities in Italy are “_____.”

(a) Milk and Cheese

(b) Pizza and Gelato

(c) Rome and Milan 

Reading Quiz

3. In Italy, people use a knife and fork to eat ____.

(a)



(b)



(c)



Reading Quiz

4. Italians eat more pizza than any other country.

True

False

Reading Quiz

5. Not all spaghetti has red sauce on it.


True

False

Reading Quiz

6. The best gelato comes from Sicily.

True

False