Foods from Spain





Let's learn about Spain



Where is Spain?



Flag of Spain



Have you tried Spainish food before?

BUEN COMIDA	MAIN DISHES Gazpacho \$7 Cold tomato soup
TAPAS Champiñones al ajillo \$4 Mushrooms with garlic and hot peppers, cooked in olive oil	Tortilla \$12 Spanish-style potato omelet \$12
Gambas al ajillo \$5 Shrimp with garlic, cooked in olive oil	Paella (serves 3 people) \$20 Rice with shrimp, mussels, and vegetables
Pulpo á la Gallega \$6 Grilled octopus	DESSERTS Churros \$4 with hot chocolate
Hot chocolate \$3 Horchata (sweet nut milk) \$4	Polvorón \$3 Spanish shortbread cookies
0	a

Here are some Spain foods:

















Introducing Spain

Where is Spain?

It is a country in Europe. It is next to Portugal and Spain. It is also next to a large sea.







Tapas





They are small snacks. They can be hot or cold. They are a great way to try different Spanish foods.

What kind of foods are used for tapas?

Tapas can be meat, seafood, vegetables, or bread dishes.



Who made the first tapas?



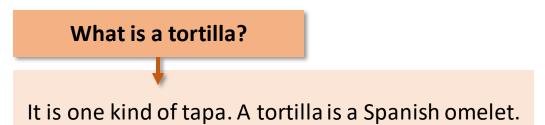
One story says that a king of Spain was sick. He could only eat small foods. The small foods make him feel good. So he said everyone should eat small snacks. These became tapas.

What are tapas?

Tortilla









When were tortillas first made?

Some says tortillas were first made in the 1800s. A man made them for his soldiers. He made tortillas because they cost only a little money.



Tortilla

How do you make a tortilla?

First, put some oil in a pan. Then cut some potatoes. Put the potatoes and some eggs in the pan. Cook them until you have a thick omelet in the shape of a circle.

What other ingredients can you use for a tortilla?

You can add meat or vegetables to a tortilla.







Gazpacho



What is the biggest meal in Spain?

Lunch is the biggest meal of the day. People eat lunch around 2 p.m.



What is gazpacho?



Why is gazpacho cold?

Summer is very hot in Andalusia, so people eat cold gazpacho.

It is a cold soup from Andalusia in the south of Spain.





What is used to make gazpacho?

Use tomatoes, cucumber, oil, and old bread. Blend them into a thick soup.

Churros

What are churros?

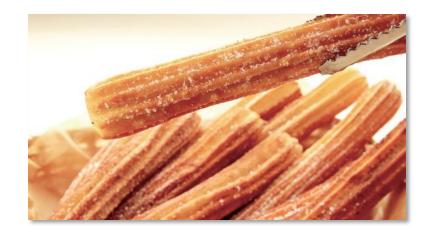
They are Spanish donuts. They are a sweet treat.





How many kinds of churros are there?

There are two kinds. One kind is long and thick. The other kind is thin and twisted.





Churros

Where did churros come from?

No one really knows. Some say they came from China. But other people say they were made by people who lived in the mountains.

What are churros made from?

They are made from flour, water, and salt. The dough is cooked in hot oil. They have sugar on the top.













✤ dish n.

There are many **dish**es for lunch. ***** a certain kind of prepared food



✤ dough n.

Bake the **dough** into bread. * a thick mixture of flour, water, and other ingredients



blend v.

Blend the ingredients to make a soup.
* to mix (things) thoroughly



serve v.

She will **serve** the coffee with cake. * to give (food or drink) to someone at a meal, in a restaurant, etc.



✤ meal n.

Dinner is the main **meal** of the day. ★the foods eaten or prepared for eating at one time



✤ snack n.

Fruit and nuts are a healthy snack.* a small amount of food eaten between meals



soldier *n*.

The plastic toys are soldiers.* a person who is in the army



✤ weather n.

The **weather** is cold today. * temperature, rain, snow, sun, and other things outside

