

Foods from Spain



Let's learn about Spain



Where is Spain?



Flag of Spain



Have you tried Spanish food before?



BUEN COMIDA

TAPAS



Champiñones al ajillo \$4
Mushrooms with garlic and hot peppers, cooked in olive oil



Gambas al ajillo \$5
Shrimp with garlic, cooked in olive oil



Pulpo á la Gallega \$6
Grilled octopus

DRINKS

Hot chocolate \$3

Horchata (sweet nut milk) \$4

MAIN DISHES



Gazpacho \$7
Cold tomato soup



Tortilla \$12
Spanish-style potato omelet



Paella (serves 3 people) \$20
Rice with shrimp, mussels, and vegetables

DESSERTS



Churros \$4
with hot chocolate



Polvorón \$3
Spanish shortbread cookies

Introducing Spain

Where is Spain?

It is a country in Europe. It is next to Portugal and France.
It is also next to a large sea.



How many meals do Spanish people eat in one day?

They eat many meals.

Tapas



What are tapas?

They are small snacks. They can be hot or cold. They are a great way to try different Spanish foods.



What kind of foods are used for tapas?

Tapas can be meat, seafood, vegetables, or bread dishes.



Who made the first tapas?

One story says that a king of Spain was sick. He could only eat small foods. The small foods make him feel good. So he said everyone should eat small snacks. These became tapas.

Tortilla



What is a tortilla?



It is one kind of tapa. A tortilla is a Spanish omelet.

When were tortillas first made?



Some says tortillas were first made in the 1800s. A man made them for his soldiers. He made tortillas because they cost only a little money.

Hamburguesa Ibérica	4.50
Bravas muy picantes	3.90
Tortilla de patata	3.50
Montaditos variados	2.50
Bocadillos Excelentes	3.50



Tortilla

How do you make a tortilla?



First, put some oil in a pan. Then cut some potatoes.
Put the potatoes and some eggs in the pan.
Cook them until you have a thick omelet in the shape of a circle.



What other ingredients can you use for a tortilla?



You can add meat or vegetables to a tortilla.



Gazpacho



What is the biggest meal in Spain?



Lunch is the biggest meal of the day.
People eat lunch around 2 p.m.



What is gazpacho?



It is a cold soup from Andalusia in the south of Spain.



Why is gazpacho cold?



Summer is very hot in Andalusia, so
people eat cold gazpacho.



What is used to make gazpacho?



Use tomatoes, cucumber, oil, and old bread.
Blend them into a thick soup.

Churros

What are churros?

They are Spanish donuts. They are a sweet treat.



How many kinds of churros are there?

There are two kinds. One kind is long and thick. The other kind is thin and twisted.



Churros

Where did churros come from?

No one really knows. Some say they came from China. But other people say they were made by people who lived in the mountains.



What are churros made from?

They are made from flour, water, and salt. The dough is cooked in hot oil. They have sugar on the top.



New Words



❖ dish *n.*

There are many **dishes** for lunch.
★ a certain kind of prepared food



❖ dough *n.*

Bake the **dough** into bread.
★ a thick mixture of flour, water, and other ingredients

New Words



❖ **blend** v.

Blend the ingredients to make a soup.
★ to mix (things) thoroughly



❖ **serve** v.

She will **serve** the coffee with cake.
★ to give (food or drink) to someone at a meal, in a restaurant, etc.

New Words



❖ meal *n.*

Dinner is the main **meal** of the day.

★ the foods eaten or prepared for eating at one time



❖ snack *n.*

Fruit and nuts are a healthy **snack**.

★ a small amount of food eaten between meals

New Words



❖ soldier *n.*

The plastic toys are **soldiers**.

★ a person who is in the army



❖ weather *n.*

The **weather** is cold today.

★ temperature, rain, snow, sun, and other things outside

Reading Quiz

1. Which food is a Spanish omelet?

(a)



(b)



(c)



Reading Quiz

2. Gazpacho is a type of soup from _____.

(a) China

(b) Andalusia

(c) Northern Spain

Reading Quiz

3. Tortillas are made with ____.



(b)



(c)



Reading Quiz

4. Most Spanish people eat lunch around 2 p.m.


True

False

Reading Quiz

5. The first tortilla was made by soldiers in China.

True

False

Reading Quiz

6. All churros are long and thick.

True

False