

Foods from England



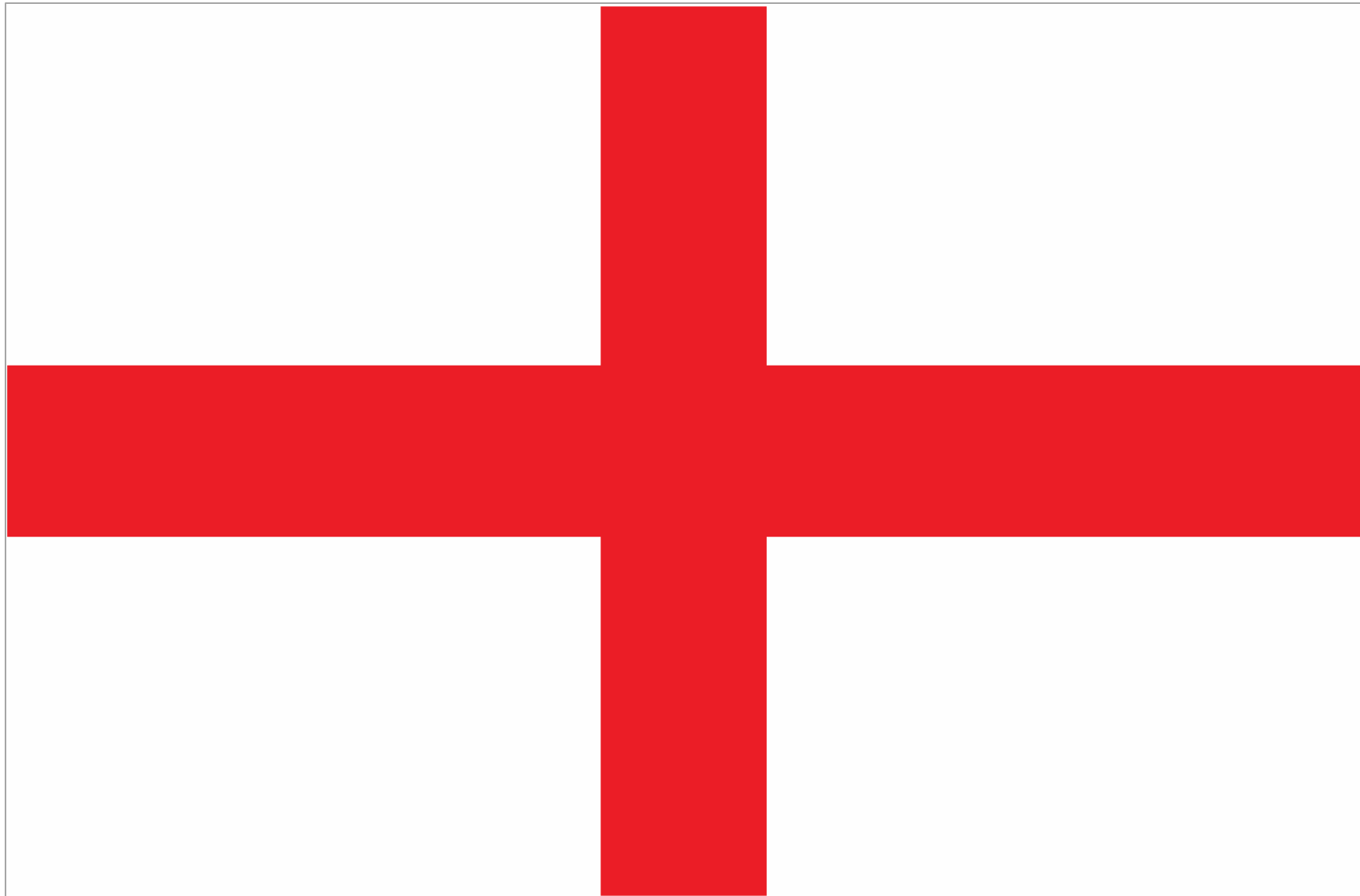
Let's learn about England



Where is England?



Flag of England



Have you tried English food before?



GEORGE'S PLACE

SHEPHERD'S PIES



Vegetarian	\$7
Lamb	\$9
Beef	\$9

FISH AND CHIPS

All fish and chips are served with mushy peas.



One piece of fish	\$7
Two pieces of fish	\$12

DRINKS

Cola, Juice, Lemonade	\$2
-----------------------	-----

DESSERTS

All puddings are served with custard.



Sticky toffee pudding	\$3
-----------------------	-----



Spotted dick	\$4
--------------	-----



Christmas pudding (December only)	\$5
-----------------------------------	-----

TEA SERVICE (AFTER 4 PM)



Scones, small cakes, and tea of your choice	\$13
--	------

Here are some English foods:



Fish and Chips



Shepherd's Pie



Christmas Pudding

A Bit About England

Where is England?

It is in the United Kingdom.
The United Kingdom (UK) is made up of England,
Wales, Scotland, and Northern Ireland.



Does England have a king or queen?

Yes. Queen Elizabeth II became the queen in 1953.
She has a big house in London called Buckingham Palace.



Fish and Chips

Why did fish and chips become popular in England?

The UK is made of many islands and there are many fish in the waters around the UK.



How do English people eat fish and chips?

They eat fish and chips with their fingers. They put salt and vinegar on them.

What is used to wrap fish and chips?

Before the 1980s, shops wrapped fish and chips in old newspaper. Now they wrap fish and chips in white paper.



Shepherd's Pie

What are the ingredients of shepherd's pie?

It is made with ground meat, onions, gravy, potatoes, and other vegetables such as peas, sweetcorn, or carrots.



Why did people first make shepherd's pie?

It was a cheap and easy way to use leftover meat.



How did shepherd's pie get its name?

A shepherd works with sheep. The meat in a true shepherd's pie is lamb. Lamb was a cheap and common meat in the past.



What meat is used in shepherd's pie these days?

Beef is more common than lamb now. You can even get shepherd's pie made with only vegetables.

Christmas Pudding

What is surprising about English puddings?

They are boiled! They are like heavy cakes.



What are the ingredients for Christmas pudding?

You need flour, dried fruit, spices, sugar, eggs, and butter.



Christmas Pudding

When do English people eat Christmas pudding?

They eat it on December 25th.



What happens if you find a silver coin in your slice of pudding?

You will have good luck.



What happens if you find a ring in your slice of pudding?

You will get married!



New Words



❖ **bake** *v.*

They **bake** a cake.

★ **to cook in an oven**



❖ **fried** *adj.*

Potatoes are best when they are **fried**.

★ **boiled in oil**

New Words



❖ **gravy** *n.*

I like a little **gravy** on beef.

★ a sauce made with meat juices



❖ **leftover** *adj.*

She put the **leftover** pizza in the refrigerator.

★ remaining at the end of a meal

New Words



❖ **mash** *v.*

Dad will **mash** the potatoes for lunch.
★ to crush; to make a soft paste



❖ **shepherd** *n.*

The old **shepherd** watches the sheep.
★ a person whose job is to take care of sheep

New Words



❖ stir v.

She is **stirring** her coffee.

★ to mix by moving in a circle with a spoon



❖ wrap v.

He likes to **wrap** gifts for his friends.

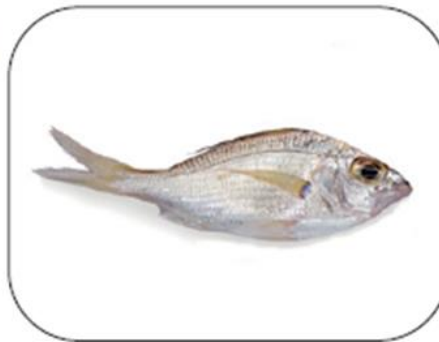
★ to cover something with paper or cloth

Reading Quiz

1. Shepherd's pie is made with _____.



(b)



(c)



Reading Quiz

2. You can eat fish and chips with _____.

(a) a spoon

 (b) your fingers

(c) a knife

3. What do some people put in Christmas pudding?



(b)



(c)



Reading Quiz

4. You can't get fish and chips by the sea.

True

False

Reading Quiz

5. You need a lot of money to make shepherd's pie.

True


False

Reading Quiz

6. Christmas pudding is fried.

True

False 