

# Foods from Japan



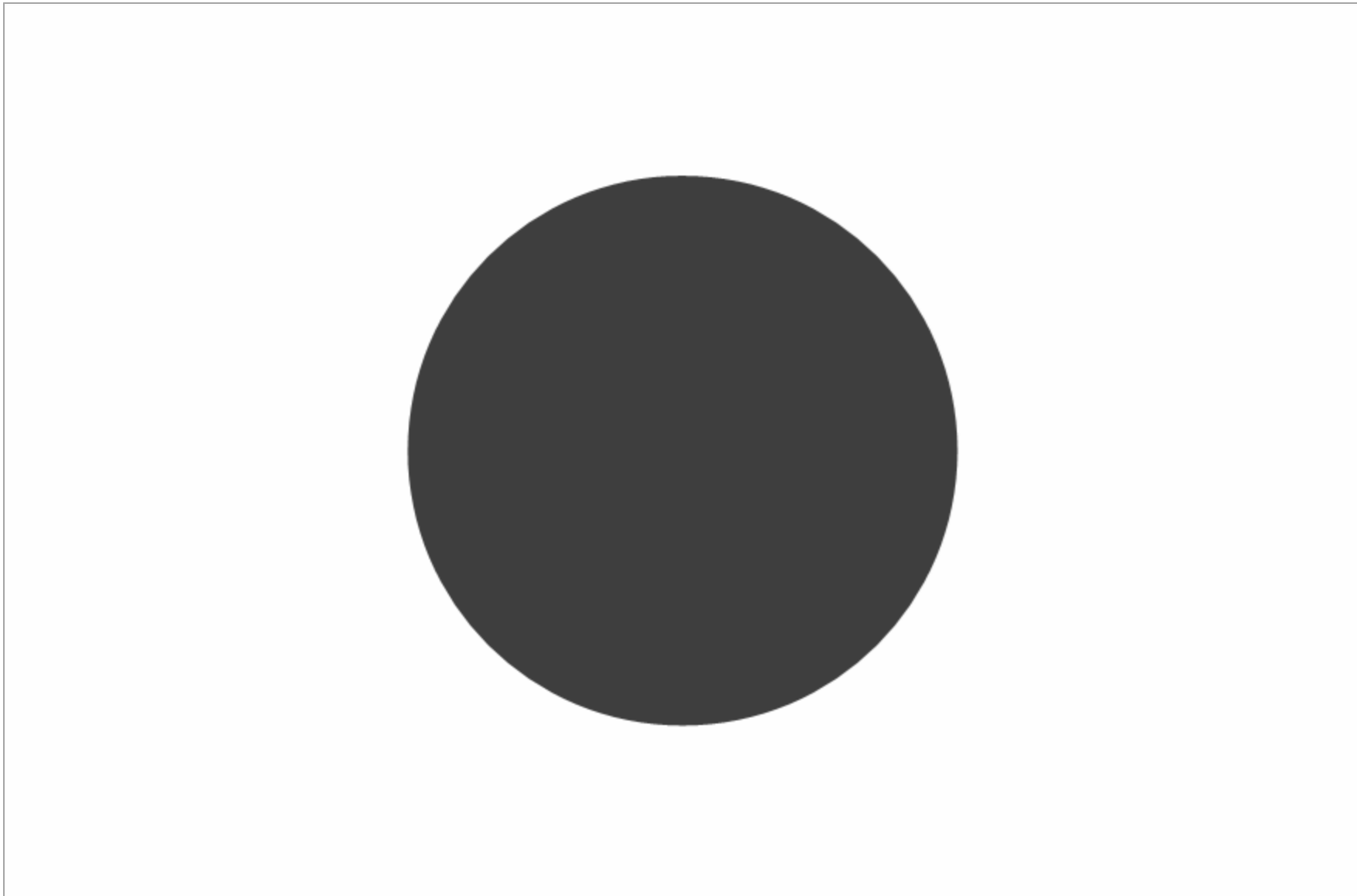
# Let's learn about Japan



# Where is Japan?



# Flag of Japan



# Have you tried Japanese food before?



## RAMEN



- |  |      |
|--|------|
| <b>Sapporo style</b>   | \$14 |
| <i>Pork, bamboo shoots, beansprouts, corn, and butter</i>                |      |
| <b>Hakata style</b>  | \$13 |
| <i>Pork, garlic, and ginger</i>  |      |
| <b>Tokyo style</b>   | \$13 |
| <i>Chicken stock, green onion, seaweed, bamboo shoots, egg, and pork</i> |      |
| <b>Tokushima style</b>   | \$12 |
| <i>Chicken and pork stock, raw egg, green onion, and beansprouts</i>     |      |

## DRINKS

- |                                       |     |
|---------------------------------------|-----|
| <b>Match</b>                          | \$1 |
| <b>Ramune</b> ( <i>Japaese soda</i> ) | \$3 |
| <b>Cola, Juice, Lemonade</b>          | \$2 |

## SUSHI



5 pieces of nigiri sushi \$12

7 pieces of nigiri sushi \$16



9 pieces of maki sushi \$12



1 piece of temaki sushi \$3  
*tuna, salmon, or vegetable*



3 pieces of inari sushi \$4

## MISO SOUP

Miso soup (*with tofu, green onion, seaweed, and mushrooms*) \$2

## DESSERTS

Green tea ice cream \$4

Mochi (*Japanese rice cake*) \$5

Here are some Japanese foods:



Sushi



Miso Soup



Ramen

# Introducing Japanese Foods

Where is Japan?

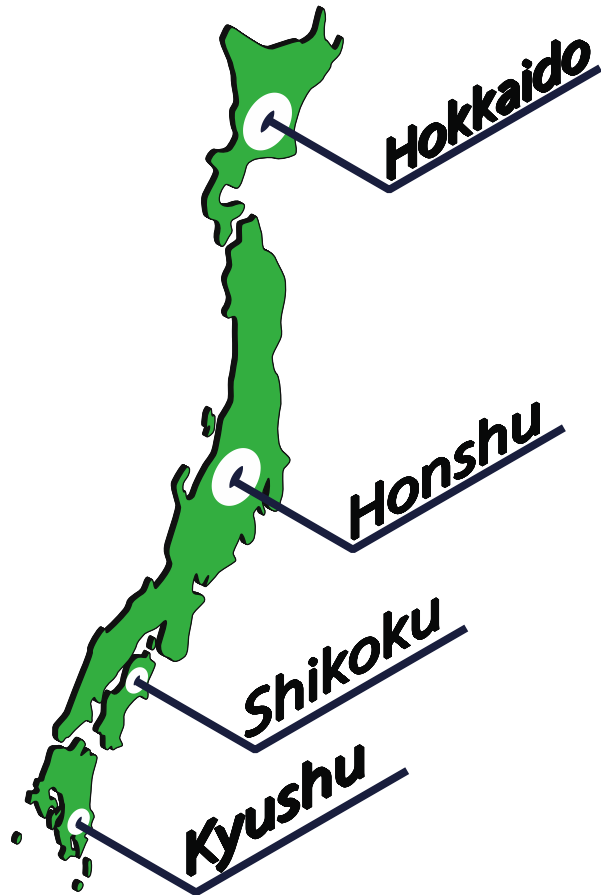
Japan is a country in Asia.

How many islands does Japan have?

It has over 4,000 islands. The four biggest islands are Hokkaido, Honshu, Shikoku, and Kyushu.

What are some common foods in Japan?

When you think of Japan, you probably think of sushi. Miso soup and ramen are also common.



# Sushi

**What is sushi?**



Some people think it is raw fish, but that's not true. Sushi is vinegared rice.



**What is nigiri sushi?**



Nigiri sushi is a piece of fish, vegetable, or egg on rice pressed by hand.



**What are some kinds of sushi?**



There are many kinds. Maki sushi is a kind of roll. Futomaki is a big roll. Temaki looks like an ice cream cone.



**What does nigiri mean?**



It means "two fingers."



**Where does inari sushi get its name?**



It is named after the Japanese god, Inari.



# Miso Soup

**When do Japanese people eat miso soup?**



They eat it for breakfast, lunch, or dinner.

**What do people add to miso soup?**

They add tofu, radishes, seaweed, and dashi.



**How many kinds of miso paste are there?**

There are two kinds: red and white. Red has a stronger flavor. It has more soybeans in it. White miso paste has a milder flavor. It has less soybeans in it.



**How do you eat miso soup?**

Do not use a spoon! Japanese people lift the bowl to their mouth and drink. They use chopsticks to eat the pieces of tofu and seaweed.



# Ramen

**When did Japanese people start to eat ramen?**

Ramen came to Japan from China in the 1600s.



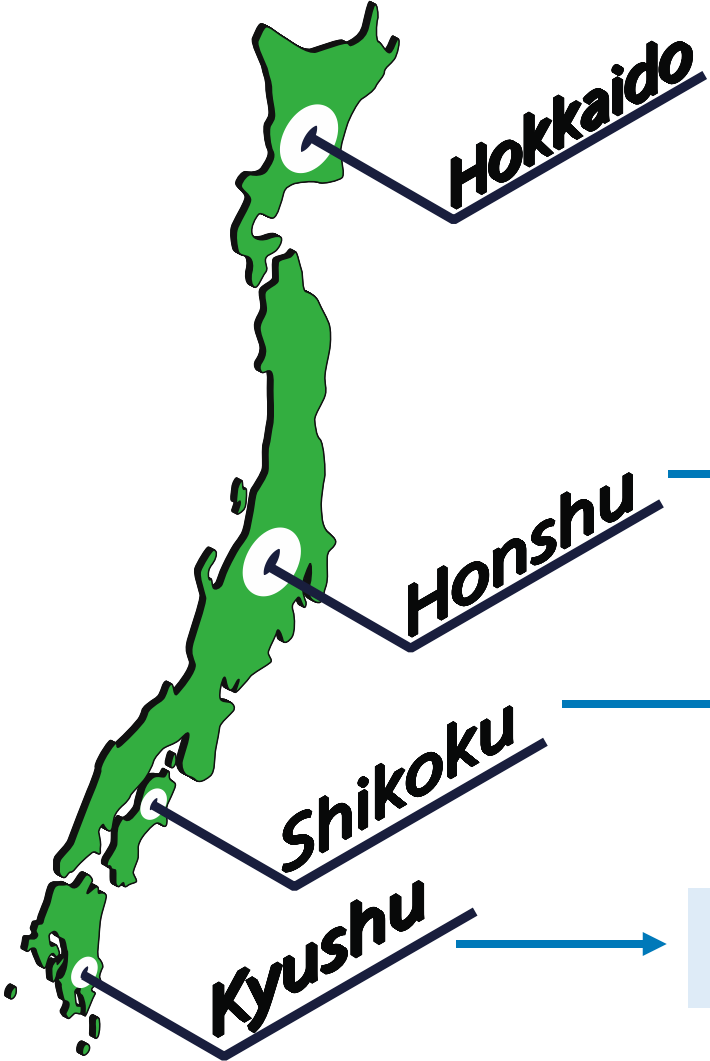
**When did people start to eat instant ramen?**

In 1958, the first instant ramen was introduced. It took only 3 minutes to cook.



# Ramen

Name a famous ramen from each island.



Hokkaido → Sapporo ramen



Honshu → Tokyo ramen



Shikoku → Tokushima ramen



Kyushu → Hakata ramen



# New Words



❖ **boil** *v.*

I am **boiling** eggs for breakfast.  
★ to cook in water



❖ **flavor** *n.*

Garlic has a strong **flavor**.  
★ the taste that something has

# New Words



❖ **instant** *adj.*

**Instant** coffee is easy to make.  
★ happening right away; able to be prepared very quickly



❖ **mild** *adj.*

Rice has a **mild** flavor.  
★ not strong; plain

# New Words



❖ **museum** *n.*

The students are visiting an art **museum**.

★ a building where you can see important and interesting objects



❖ **paste** *n.*

You can put tomato **paste** on pizza.

★ a soft, smooth mixture made of meat, fruit, or vegetable

# New Words



❖ **press** *v.*

**Press** the button to go up.

★ **to push**



❖ **raw** *adj.*

**Raw** chicken can make you sick.

★ **not cooked**

# New Words



❖ **stock** *n.*

I will boil these vegetables for two hours to make **stock**.  
★ a liquid made by boiling meat, bones, or vegetables in water to give soup flavor



❖ **vinegar** *n.*

She puts **vinegar** on her salad.  
★ a sharp-tasting liquid used in cooking and for cleaning



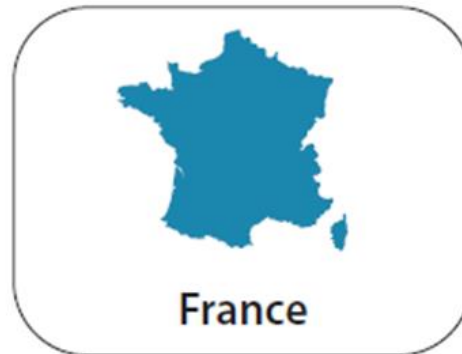
# Reading Quiz

1. Sushi, miso soup, and ramen are from \_\_\_\_\_.

(a)



(b)



(c)



## Reading Quiz

2. \_\_\_\_\_ is one of Japan's biggest islands.

(a) Tokushima

 (b) Honshu

(c) Tokyo

# Reading Quiz

3. In Japan, people use \_\_\_\_\_ to eat miso soup.

(a)



(b)



## Reading Quiz

**4. These days, sushi is a cheap food.**

True

False

## Reading Quiz

**5. Ramen from Sapporo often has butter in it.**

  
True

False

## Reading Quiz

**6. You should only eat miso soup for breakfast.**

True

  
False