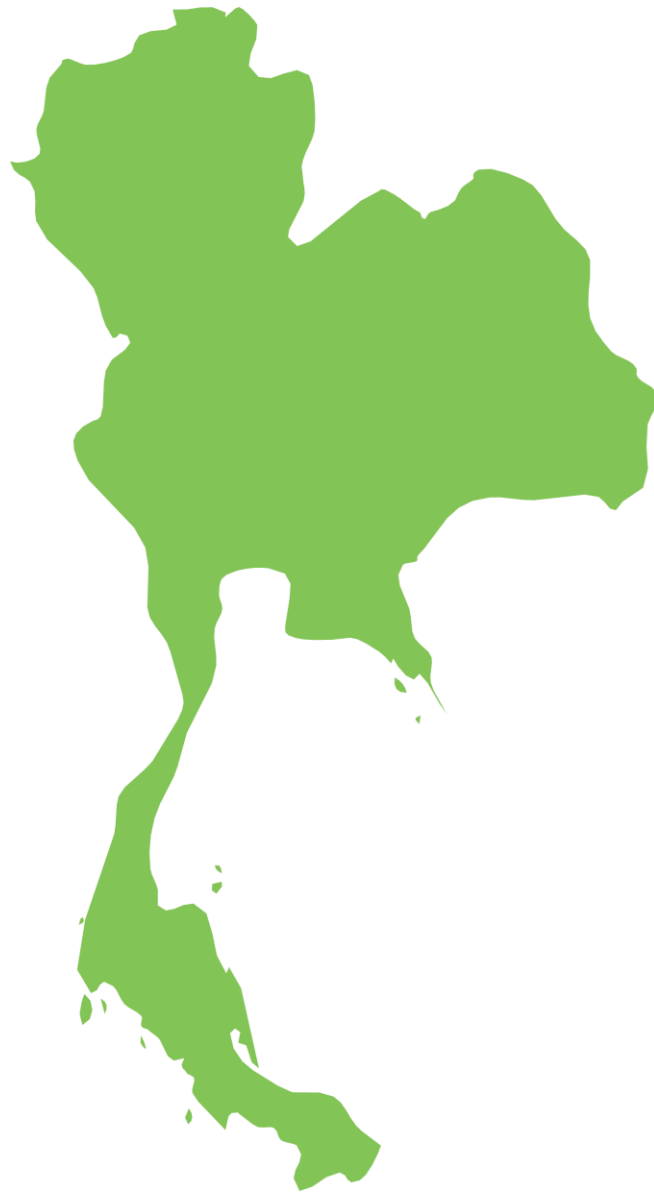


Foods from Thailand



Let's learn about Thailand



Where is Thailand?



Flag of Thailand



Have you tried Thai food before?



PAD THAI

All pad thai is served with lime and chilies.



Chicken

\$13



Prawn

\$13



Vegetable

\$11



Tofu

\$11

DRINKS

Cha Yen (Thai iced tea)

\$2

SOM TAM



Small

\$9

Large

\$13

SOUPS



Tom Kha Kai (chicken coconut soup)

\$7



Tom Yum Goong (spicy and sour soup)

\$7

DESSERTS



Mango sticky rice

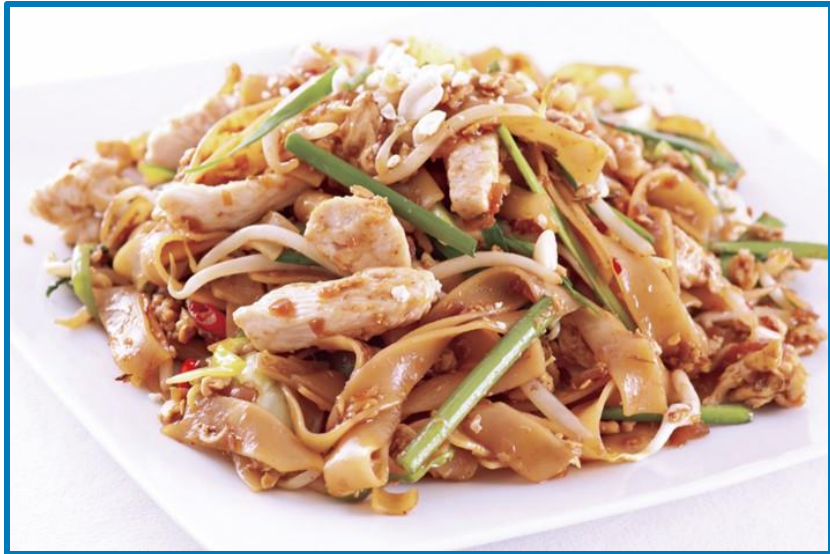
\$5



Coconut ice cream

\$4

Here are some Thai foods:



Pad Thai



Som Tam



Mango Sticky Rice

Time for Thai Food

Where is Thailand?

It is in Southeast Asia.



What are some exotic fruits from Thailand?

Papaya and mango grow in Thailand.



What are Thai dishes like?

Thai dishes use a lot of different spices. Some of them are hard to find in other countries. Thai food is not only known for its exotic ingredients.

What is the capital city of Thailand?

Bangkok is the capital of Thailand. It is also the biggest city in Thailand.



Pad Thai

What is pad thai?



It is one of the most well-known dishes in Thailand. It is made with rice noodles, chicken or prawn, bean sprouts, and egg.



How do you cook pad thai?



Put the ingredients in a hot wok and add the sauce. You can serve it with limes and peanuts.



What does pad thai tastes like?



It is sweet and salty.

Pad Thai

How did pad thai get its name?

Stir-fried rice noodles came to Thailand from China a long time ago. The dish's full name is kway teow pad thai. It has a Chinese name because it came from China. Kway teow is Chinese for rice noodles!



How was pad thai created?

- Some say it was created by a man named Plaek Phibunsongkhram. He wanted to make the country more modern. He also wanted the king of Thailand to have less power.



- Others say that when Thailand did not have a lot of rice, the Thai government said people should eat rice noodles instead. Rice noodles were cheap and filling. Vegetables made pad thai good for you, too!



Som Tam



How does som tam taste?



It has spicy, sweet, salty, and sour flavors in one dish.

What is som tam made with?



Som tam is made with unripe green papaya, chilies, green beans, tomatoes, peanuts, and lime juice.



Why is palm sugar added to som tam?



Some might think this salad is sweet. But unripe papaya has more of a sour flavor. It also gives the dish a harder texture. Often palm sugar is added to the dish to make it a bit sweeter.

Som Tam

Where is som tam from?

Som tam is now found all over Thailand, but it started out in Northeast Thailand. Most people do not know that this dish started in Laos. Northeast Thailand is very close to Laos.



What do people eat with som tam?

It is served with sticky rice.



Mango Sticky Rice

How do Thai people make mango sticky rice?

1. They soak rice in water. Then they steam it.



2. Next, they mix coconut milk with salt and sugar. To cook it, they heat it for about five minutes. They don't let it boil.

3. Once the rice is cooked, the coconut milk and the rice are mixed together. It then sits so the milk can soak into the rice.

4. The skin of the mango is taken off and the mango is cut up.



When do people eat mango sticky rice?

It is usually eaten in the summer months. Summer is when mangoes are in season in Thailand.



Mango Sticky Rice

How is the dish served?

Some rice is put on a dish. A few pieces of mango are placed on top or to the side. The rest of the coconut milk is added on top.



How do you eat this dessert?

You roll the rice with your fingers and eat it with the mango!



New Words



❖ **crop** *n.*

Wheat is an important **crop**.

★ a plant or plant product that is grown on a farm



❖ **exotic** *adj.*

Durian is known as an **exotic** fruit.

★ interesting or exciting because of being unusual or not familiar

New Words



❖ **government** *n.*

The British **government** is in London, England.
★ the group of people who control and make decisions for a country or state



❖ **modern** *adj.*

Some **modern** objects are tablets and smartphones.
★ having to do with the present or current times

New Words



❖ **native** *adj.*

Corn is **native** to Mexico.

★ originally growing or living in a particular place



❖ **salty** *adj.*

Potato chips are **salty**.

★ having a flavor of salt

New Words



❖ **sour** *adj.*

Kids don't like the **sour** flavor of lemons.
★ **having a sharp taste**



❖ **stall** *n.*

I buy my fruit at a **stall** in town.
★ **a stand or booth for the sale of goods in a market or large covered area**

New Words



❖ **trade** *n.*

There is a lot of **trade** between countries.
★ the buying and selling of things



❖ **unripe** *adj.*

Unripe bananas are green in color.
★ hard and not yet ready to eat

Reading Quiz

1. What Thai dish has only been around since the 1930s?

(a)



(b)



(c)



Reading Quiz

2. _____ is added to som tam to make the dish a bit sweeter.

(a) Peanuts

(b) Limes

 (c) Palm sugar

Reading Quiz

3. Som tam, a spicy _____ salad, came from northeast Thailand.



(b)



(c)



Reading Quiz

4. Papaya was introduced to Thailand by trade with the Europeans.


True

False

Reading Quiz

5. Pad thai is similar to a dish from Laos.

True

False

Reading Quiz

6. Mango sticky rice can be eaten with your hands.


True

False