

Foods from Brazil



Let's learn about Brazil



Where is Brazil?



Flag of Brazil



Have you tried Brazilian food before?



APPETIZERS



Pão de Queijo \$5
Brazilian cheese bread



Coxinhas \$7
Chicken croquettes



Bolinhos de bacalhau \$10
Codfish croquettes

DRINKS

Guaraná (Fruity soda) \$4
Água de coco (Coconut water) \$5
Caldo de cana (Sugar cane juice) \$5

MAIN DISHES



Feijoada \$21
Black bean stew served with greens and white rice



Chicken Stroganoff \$18
Chicken stew served with French fries and white rice



Churrasco \$30
Brazilian grilled beef served with vegetables

DESSERT



Cajuzinho \$5

Here are some Brazilian foods:



Feijoada



Bolinhos de Bacalhau



Cajuzinho

Wonderful Brazil

Where is Brazil?

It is in South America.



How big is Brazil?

With the fifth largest population in the world, Brazil is a big country. In fact, all the countries of the European Union could fit into Brazil twice!



What language do people speak in Brazil?

People there speak Portuguese.



What is Brazil known for?

Brazil is known for its interesting nature. It has white sand beaches, mountains, and the Amazon rainforest.



Feijoada

What is feijoada?

Feijoada is a stew made of beans and meat. It is cooked slowly in a large pot.



Where does the name of this stew come from?

The name of this dish comes from the Portuguese word feijao. Feijao means bean.

What kind of beans do people use in feijoada?

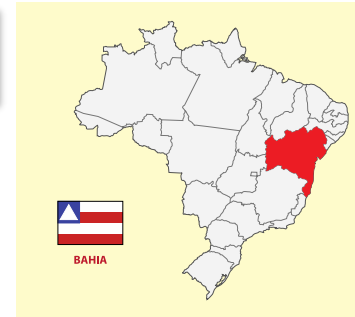
In most of Brazil, people use black beans.



Feijoada

Is feijoada the same all over Brazil?

No, in Bahia they use red or brown beans. They also add vegetables like potatoes, carrots, and cabbage.



What is feijoada served with?

It is served with rice and oranges.



How do you make feijoada?

To make feijoada, soak dried beans overnight. Next, put onions, garlic, and meat in a pan with some oil and cook for 5 minutes. Next, add herbs and the beans. Finally, add water and cook for about 3 hours.

Bolinhos de Bacalhau

What is cod?

Cod is a big fish that lives in the waters around Newfoundland, Canada.



What are bolinho de bacalhau?

They are balls of codfish.



How was cod introduced to Brazil?

The Portuguese began to travel through the Americas. They discovered codfish there. They preserved it and could keep it for a long time. When they sailed to Brazil, they brought salted codfish with them.



Bolinhos de Bacalhau

How do you make bolinho de bacalhau?

Soak the fish to make it soft. Then cook the potatoes. When they are soft, add the fish and mix. When the fish and potatoes are cooking, fry the onion and garlic. Now, mix all the ingredients, except the breadcrumbs. Mix very well. Then shape into small balls and roll them in breadcrumbs. Finally, fry the balls in hot oil.



What is this dish served with?

It is served with hot sauce or lime juice.



Cajuzinho

What kind of food is cajuzinho?

It is a sweet food that people enjoy at parties.



What does cajuzinho mean?

It means "little cashews."



Which part of Brazil does this sweet come from?

It comes from the north and northeast areas. In those regions there are a lot of cashew trees.

Cajuzinho

Why are cashews an unusual nut?

They will make you sick or kill you if you eat them raw. They grow at the bottom of a cashew apple. You can eat the raw cashew apple, but you must not eat the raw nut. Also, the skin of a cashew will hurt your skin.



How do you make cajuzinho?

Put the condensed milk, butter, ground nuts, and cocoa in a pan. Heat it until the mixture becomes thick. Let it cool. When it is cold, make it into cashew shaped balls. Put a nut in the ball, then roll it in sugar.



New Words



❖ **breadcrumb** *n.*

Let's use this old bread to make **breadcrumbs**.

★ A very small piece of bread used in cooking



❖ **cashew** *n.*

Cashews taste a little sweet compared to other nuts.

★ a nut with a curved shape

New Words



❖ **codfish** *n.*

I'm going to eat **codfish** for lunch.
★ a fish with white meat



❖ **condensed milk** *n.*

Condensed milk is very sweet.
★ a type of milk with lots of the water removed and sugar added

New Words



❖ **expert** *n.*

Max is a computer **expert**.

★ someone who knows a lot about a certain topic



❖ **population** *n.*

Cities with large **populations** have crowded streets.

★ all the people who live in a place

New Words



❖ **preserve** *v.*

Grandma **preserves** the vegetables she grows.
★ to treat food so it can be kept for a long time without going bad



❖ **rainforest** *n.*

A **rainforest** is a great place to see interesting birds.
★ a forest in a tropical area that gets a lot of rain

New Words



❖ **slave** *n.*

This statue reminds us that it is wrong to keep **slaves**.
★ a person forced to work for no money



❖ **stew** *n.*

My mom makes a great beef **stew**.
★ a type of food made with meat or fish and vegetables cooked slowly in a small amount of liquid

Reading Quiz

1. Condensed milk is used in _____.



(b)



(c)



Reading Quiz

2. There are usually _____ in feijoada.

(a)



(b)



(c)



Reading Quiz

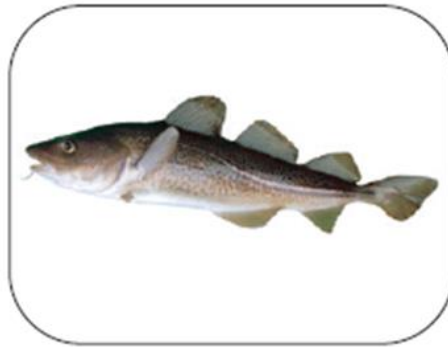
3. _____ is NOT used to make bolinhos de bacalhau.



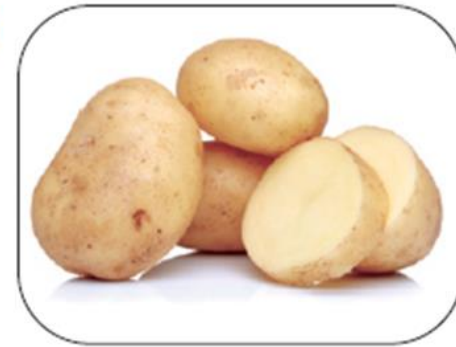
(a)



(b)



(c)



4. People speak Brazilian in Brazil.

True

False



Reading Quiz

5. You can't keep codfish for a long time.

True


False

6. Cajuzinho are a common birthday treat.


True

False